

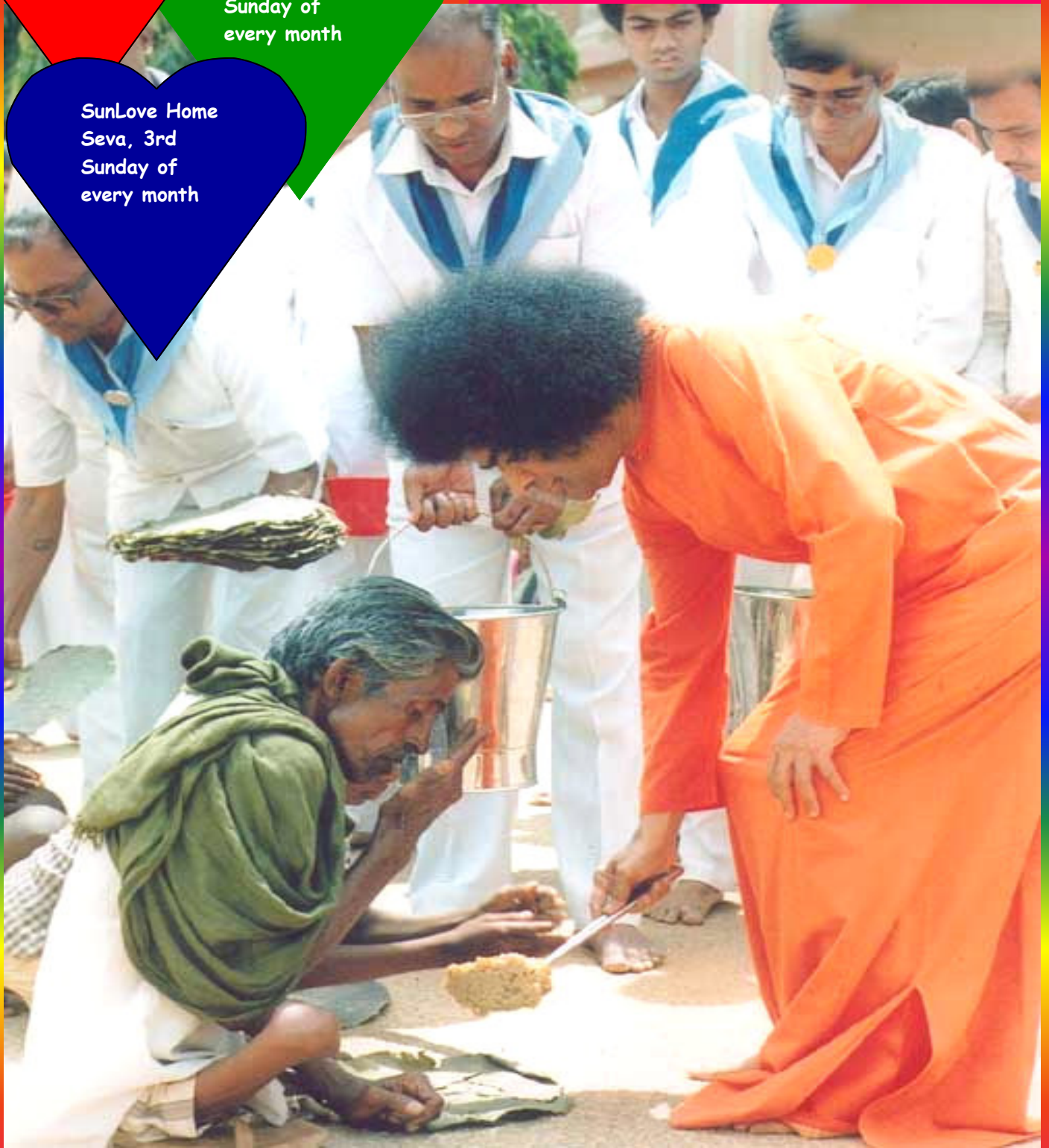
MINDS-
Ville@Napiri
Seva,
1st Sunday of
every month

Temple Clean-
ing Seva, 2nd
Sunday of
every month

SunLove Home
Seva, 3rd
Sunday of
every month

SAI LINK

Production of Sai Centre Katong, Singapore
Special Bumper Edition April & May 2006



Hands that serve are holier than lips that pray.

- Baba -

Dear Parents & Students,

This month, Sai Link is dedicating its entire newsletter on "Seva/Service".

'We should all strive to use every talent and skill we have, not only for our own benefit, but for the benefit of the whole world. We should understand that society is the source of whatever pleasure one derives and whatever wealth one achieves in life. We owe everything to society and should be grateful to society for all that we receive from it. We have to repay this debt by helping at least as many people as we can. With a genuine keenness or readiness to serve others, one can attain happiness in any group or community, and the very eagerness to serve others will endow you with the power and skill necessary for the required service. Nowadays, we tend to regard it as derogatory to serve, but there is great worth in service. People have become so selfish that they no longer care for others, or anything other than their own welfare. When one constantly thinks only of one's own body, one's own family and one's own comfort, one is a truly selfish person. The only way to cleanse such hard-heartedness is through service to humanity.

This month, Sai Link features on Sai Centre Katong's Monthly Seva Activities as well as the SaiNet project. A group of devotees from Singapore, including our Editor from Sai Link, were fortunate enough to be part of the SaiNet group of 18 volunteers from Singapore, 65 volunteers from Laos and 15 volunteers from Thailand who visited 20 villages with a population of 17,000 in Laos to distribute insecticide-treated mosquito nets and rice bags to the needy families there. In this edition, we bring to you the latest, most exclusive coverage and pictures from Laos.

Baba makes it clear that the service we do is for our own sake. Naturally, we want to help others, but the real value of the service lies in what it does for us—provided we do it with the right attitude, as a spiritual discipline.

Editorial Board

Competition Time

Simply answer this question and stand a chance to win attractive prizes. Send in your response to: sailink_katong@yahoo.com, no later than 29 April 2006.

The Question is : "Why should I do Seva?"



Competition Time

Simply identify the people in the pictures and stand a chance to win attractive prizes for each correct answer. Send in your answers to: sailink_katong@yahoo.com, no later than 29 April 2006.



Test your Intelligence. Refer to the "Intelligence" page for further details.

Experiences of our SSEHV students attending SEVA

**Come on, brothers and sisters, be part of the SEVA group!
Don't wait, grab the opportunity now!**

Our visit to the Sun Love home falls on the 3rd week of every month.

I always thought seva or service is done by elders and very mature people. Never in my wildest dreams I thought I too could participate in seva and have so much fun doing it!

We carry lots of chocolates and goodies to distribute at the home. We sing bhajans and even cut birthday cakes for the inmates at the Home. Aunties, uncles and kids alike entertain the people, talk to them, tell stories and even play the hokey pokey game. We never realize how time flies and its time to go back home again. So I wait for the next month eagerly when I can visit the Home and all my friends there.

Yes my dear friends, I welcome all of you to this wonderful chance of doing good, sharing joy and having loads of fun! See you next time at the seva, bye!!!

Brother Jay Kumar (Group 3)

Friends, we all have been learning a lot about doing service as EHV students. But I don't think I really understood the meaning until recently when I visited the Sun Love Home.

The first time I went it was CHINESE NEW YEAR so I got to hand out hungbaos to all of them. I shook hands and wished all at the Sun love home. It was a very nice experience. They were very happy to see that people cared for them. The next time I went I entertained them with bhajans and songs.

Service need not be boring and serious every time. In fact we have so much fun at the home that we do not feel like coming back so soon.

I feel humbled when I think that I am able to touch the lives of so many people in my own small way. Friends, the most wonderful thing in the world is to bring a smile to another human being.

Come along then, lets all go together next time and have lots of fun and make merry!!

I would like to continue doing seva at every given opportunity because I truly love it!

Sister Aishwarya (Group 3)

The best seva one can ever attend is Sun Love home seva. Simply because it is the only seva whereby we learn many things and also enjoy at the same time. Going for this seva is very beneficial like Swami quotes "You are not doing service for others. You are doing it always for yourselves, to the God in you, the God who is equally present in others". From his seva we learn to care and share for others. Sun love home seva also teaches me to be more considerate and selfless towards those who need most of our love and kindness. From the bhajans that we sang and all the food that we served, tells me that the people were generally happy and they were very supportive in joining us with all the bhajans and gave round of applauses when we performed a short skit for them all. Looking at all their happy faces makes me really happy within. I strongly encourage all of you to attend this seva in particular. I would like to end with a quote by Swami, " God is the embodiment of compassion. He watches for a grain of goodness or humility so that He can reward it with tons of grace. Deserve the grace of God by helping the weak and the poor, the diseased and the downtrodden."

Sister Vanisha (Group 4)